

Guide for Newcomer Refugees – Settlement Timeline and Checklist

Day 1

- ☐ Newcomers are provided with Confirmation of Permanent Residence document at the airport
- ☐ Newcomers and sponsors meet each other
- ☐ Newcomers are provided transportation to their temporary accommodations
- ☐ Sponsors make sure newcomers have adequate clothing, depending on the weather
- ☐ Newcomers are provided with emergency phone numbers and a copy of their address written down

Month 1

- ☐ Know how to use a phone
- ☐ Understand and know how to dial emergency phone numbers
- ☐ Has an email account
- ☐ Immediate health needs are addressed
- ☐ Orientation on local, provincial and federal laws

Applied for:

- ☐ Social Insurance Number
- ☐ Canada Child Benefit
- ☐ Interim Federal Health Program
- ☐ Ontario Health Insurance Plan
- ☐ Opened a bank account
- ☐ Understand budget and cost of living
- ☐ Received orientation of neighbourhood, including appropriate grocery stores
- ☐ Assisted with finding permanent housing

- ☐ Connected with Settlement Workers
- ☐ Received welcome gift at KCHC - Immigrant Services or ACFOMI
- ☐ Attended a language assessment

Month 2-6

- ☐ Received Permanent Resident (PR) Card
 - ☐ If the newcomer has not received it, an application has been submitted to replace the PR Card
- ☐ Enrolled children in school/childcare
- ☐ Enrolled in language school and/or employment training
- ☐ Connected with or actively looking for a family doctor
- ☐ Have an understanding of rights as a tenant
- ☐ Know how to pay rent and utilities
- ☐ Developed social and community connections
- ☐ Non-emergency health conditions are continuously addressed
- ☐ Understand counselling and mental health supports
- ☐ Applied for a driver's license
- ☐ Know how to take public transportation
- ☐ Found a permanent place to live
- ☐ Filed taxes, if relevant

Month 7-12

- ☐ Newcomers understand the labour market and how to find employment
- ☐ Understand or enrolled in bridging or training programs
- ☐ Understand rights as an employee

- ☐ Continuously attending language classes
- ☐ Applied for Ontario Works
- ☐ Understand emergency shelter options

