

National Non-Smoking Week

Start your journey today

Smoking Treatment for Ontario Patients (STOP) Program

How can the STOP Program help you or someone you know quit smoking?

The STOP program offers up to **26 weeks of smoking cessation counselling support and Nicotine Replacement Therapy (NRT)** (patch, gum, inhaler, lozenge)* at no cost to patients who want to quit smoking.

How does the STOP Program work?



How can I find out more about the STOP Program?

Please ask your health care provider at this Health Care Centre if you are interested in STOP or have any questions. You may also get more information at www.stopstudy.ca or email the STOP Team at stop.study@camh.ca.

The STOP Program is funded by the Ontario Ministry of Health.

*Not all types of NRT may be available at all times