



Kingston Community
Health Centres
Centres de santé
communautaire de Kingston

Self-Management and Professional Development Training for Healthcare Professionals

Health Literacy

Learn practical strategies to improve health literacy and support patients in understanding health information, making informed decisions, and taking an active role in their care.



Join us online via Zoom

During this 3.5 hour workshop learn how to:

- Understand health literacy and its impact on care
- Create a welcoming and supportive care environment
- Use plain language in written and verbal communication
- Use teach-back to confirm understanding
- Apply ask-offer-ask in patient conversations
- Support patients and families to participate more fully in their care

Register today

Online: kchc.ca/programs/regional-self-management-program/ or
Email: selfmanagement@kchc.ca



Workshop date Nov. 4th.

Space is limited.