

Activities for November 2025

To avoid disappointment, please visit www.keyon.ca to register and confirm the group is running.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Outdoor					Little Cataraqui Creek Conservation Area Indigenous Culture 9:30 - 11:30		
Indoor	Bayridge ES 9 - 4 KCHC 9 - 11:30 KECC 9 - 12 & 1 - 4 KCHC Baby & Me (newborn - 12 months) 1 - 3 	Lord Strathcona ES 9 - 12 & 1 - 4 St. Geneviève Catholic School 9:15 - 12 St. Geneviève Catholic School Baby & Me (newborn - 12 months) 1 - 3	Rideau Heights ES 8:30 - 12 Bayridge ES 9 - 12:30 KCHC 9 - 12:30 St. Geneviève Catholic School 9 - 12:30 Programs closed on Nov 19	Bayridge ES 9 - 4 KECC 9 - 12 Lord Strathcona ES 9 - 12 & 1 - 4 St. Geneviève Catholic School 9:15 - 12 & 1 - 3:30 St. Geneviève Catholic School Serve & Return: Infant Massage (pre-crawling infants) 10 - 11:30 Nov 13 - Dec 11 KCHC 1 - 4 Waterford Retirement Baby Songs, Stories & Social (up to 24 months) 2 - 3:30	Rideau Heights ES 8:30 - 12 KECC 9 - 12 & 1 - 4 St. Geneviève Catholic School 9:15 - 12 & 1 - 3:30 KCHC Baby Care Basics (newborn to 6 months) 10 - 12 KCHC 1 - 4	KCHC 9 - 3 St. Geneviève Catholic School 9 - 3	BGC Dad's Group 9 - 3 East End Nov 9 St. Geneviève Catholic School Nov 23

Program Sites

Site/Location	Address
Bayridge Elementary School	1066 Hudson Drive
Kingston Community Health Centre - KCHC	263 Weller Ave
Kingston East Community Centre - KECC	779 Highway 15
Little Cataraqui Creek Conservation Area	1641 Perth Road (outer Division St)
Lord Strathcona Elementary School	251 McMahon Ave
Rideau Heights Elementary School	77 MacCauley St
St. Geneviève Catholic School	386 Holden Street
Waterford Retirement Living	471 Cataraqui Woods Dr
Facebook	Daily posts of playgroup favourites, songs stories. Let us know if you would have a special request by leaving a message at earlyoninfo@kchc.ca

If you have any questions or need assistance with KEyON, please call 613-542-2949, ext * to leave a message.
Please check the **weather** and our Facebook page, [EarlyOnKCHC](#) for program changes or updates.
We also have an Arabic Facebook page - find us at [Arabicearlyonkchc](#)