

Prenatal Cafe

Come Join Us!

**Offered on the 3rd Thursday of every month
(excluding December) from 12:30-2 p.m.**

- Good Food Box sign-up
- Milk coupons
- Get connected to programs & supports
- Nurses on site to answer any health questions
- Light snacks will be served



Scan the QR
code to register!

You can also email
wellerclinic-groups
@kchc.ca