

ACTIVITIES FOR SUMMER 2026

To avoid disappointment, please visit www.keyon.ca to register and confirm the group is running.

Groups for August will be visible in KEYON mid-late July. There might be changes in August - always check KEYON for the most up to date programming

Monday

St. Geneviève Catholic School
9 - 12 & 1 - 4

KCHC
9 - 11:30

KECC
9-12 & 1-4

KCHC Baby & Me
newborn - 12 months
1 - 3

Programs closed August 3



Tuesday

KCHC
9 - 12 & 1 - 4

KECC
9 - 12 & 1 - 4

Lord Strathcona ES
9 - 2:30

St. Geneviève Catholic School
9 - 12

St. Geneviève Catholic School Baby & Me
newborn - 12 months
12:45 - 2:45

Wednesday

Rideau Heights ES
8:30 - 11

KCHC Outdoor
9 - 12
starts July 15

KCHC
9 - 12:30
starts July 15

KECC
9 - 12:30

St. Geneviève Catholic School
9 - 12:30
July 15, 9 - 11:30

Programs closed July 1



Thursday

KCHC - Sensory Seekers
1 - 4
Starts July 9

Lord Strathcona ES
9 - 2:30

St. Geneviève Catholic School
9 - 12 & 1 - 4

St. Geneviève Catholic School
Serve & Return: Infant Massage
For pre-crawling infants
10 - 11:30
July 2 - 30

Molly Brant ES School Readiness Playgroup
for families with children entering Kindergarten in September
1 - 2:30
July 9 - Aug 13

KCHC Baby Care Basics
newborn to 6 months
1 - 3
July 2 only

Waterford Retirement Baby Songs, Stories & Social
up to 24 months
2 - 3:30

Friday

KCHC
9 - 12 & 1 - 4

KECC
9 - 12 & 1 - 4

St. Geneviève Catholic School
9 - 12 & 1 - 4

Lemoine Point Conservation Area Indigenous Culture
9:30 - 11:30
no group on July 3

Saturday

KCHC Indoor/Outdoor
9 - 12 & 1 - 3

St. Geneviève Catholic School
9 - 12 & 12 - 3

Programs closed August 1



Sunday

BGC Dad's Group
9 - 3

East End
July 12 & Aug 9

St. Geneviève Catholic School
July 26 & Aug 23

PROGRAM SITES

Site/Location	Address
Kingston Community Health Centre - KCHC	263 Weller Ave
Kingston East Community Centre - KECC	779 Highway 15
Lemoine Point Conservation Area	1440 Coverdale Dr
Lord Strathcona Elementary School	251 McMahan Ave
Molly Brant Elementary School	30 Lyons St
Rideau Heights Elementary School	77 MacCauley St
St. Geneviève Catholic School	386 Holden Street
Waterford Retirement Living	471 Cataraqui Woods Dr

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