

# ACTIVITIES FOR OCTOBER 2026

To avoid disappointment, please visit [www.keyon.ca](http://www.keyon.ca) to register and confirm the group is running.

## Monday

**Bayridge ES**  
9 - 4  
**Oct 26, 9-2:30**

**KCHC**  
9 - 11:30

**KECC**  
9 - 12 & 1 - 4

**KCHC  
Baby & Me**  
newborn - 12 months  
1 - 3

**Programs closed  
Oct 12**



## Tuesday

**Lord Strathcona ES**  
9 - 12 & 1 - 4

**St. Geneviève  
Catholic School**  
9:15 - 12

**St. Geneviève  
Catholic School  
Baby & Me**  
newborn - 12 months  
12:45 - 2:45

## Wednesday

**Bayridge ES**  
9 - 12:30

**KCHC**  
9 - 12:30

**KCHC Outdoor**  
9-12

**KECC**  
9 - 12:30

**St. Geneviève  
Catholic School**  
9:15 - 12:30

**Programs closed  
Oct 14**

## Thursday

**Bayridge ES**  
9 - 4

**Lord Strathcona ES**  
9 - 12 & 1 - 4

**St. Geneviève  
Catholic School**  
9:15 - 12 & 1 - 4

**St. Geneviève  
Catholic School  
Serve & Return:  
Infant Massage  
For pre-crawling  
infants**  
10 - 11:30  
(Oct 15 - Nov 19)

**KCHC - Sensory  
Seekers**  
1 - 3:30

**Waterford  
Retirement  
Baby Songs,  
Stories & Social**  
up to 24 months  
2 - 3:30

## Friday

**Rideau Heights ES**  
8:30 - 11:30

**St. Geneviève  
Catholic School**  
9:15 - 12 & 1 - 4

**Little Cataraqui  
Creek  
Conservation Area  
Indigenous Culture**  
9:30 - 11:30  
**Closed Oct 23**

**KCHC**  
1 - 4

## Saturday

**KCHC**  
9 - 12 & 1 - 3  
**Closed Oct 10**

**St. Geneviève  
Catholic School**  
9 - 12 & 12 - 3  
**Closed Oct 10**



## Sunday

**BGC Dad's Group**  
9 - 3

**East End**  
Oct 11

**St. Geneviève  
Catholic School**  
Oct 25

# PROGRAM SITES

| Site/Location                            | Address                             |
|------------------------------------------|-------------------------------------|
| Bayridge Elementary School               | 1066 Hudson Drive                   |
| Kingston Community Health Centre - KCHC  | 263 Weller Ave                      |
| Kingston East Community Centre - KECC    | 779 Highway 15                      |
| Little Cataraqui Creek Conservation Area | 1641 Perth Road (outer Division St) |
| Lord Strathcona Elementary School        | 251 McMahon Ave                     |
| Rideau Heights Elementary School         | 77 MacCauley St                     |
| St. Geneviève Catholic School            | 386 Holden Street                   |
| Waterford Retirement Living              | 471 Cataraqui Woods Dr              |

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